### **North West Community Recovery Directory**

#### As at 15 March 2019

#### **HOTLINES AND HELPLINES**

Name of organisation	Contact details and web address
Community Recovery Hotline	Phone: 1800 173 349  www.qld.gov.au/community/disasters-emergencies  Disaster and emergencies page on the Queensland Government website.
13 HEALTH 13 HEALTH is a phone service available 24 hours a day, 7 days a week for all Queenslanders. Qualified health staff can give you advice on symptoms and conditions, who to talk to and how quickly you should act. The advice is confidential, professional and supportive. In an emergency always dial Triple Zero (000).	Phone: 13 43 25 84  www.qld.gov.au/health/contacts/advice/after-hours#13health  After-hours medical help and advice - Information and contact details for 13 HEALTH on the Queensland Government website.
Lifeline Lifeline provides 24/7 crisis support and suicide prevention services.	Phone: 13 11 14  www.lifeline.org.au/about-lifeline/contact-us  Contact page of Lifeline website.
Mensline Queensland Through DVConnect, Mensline is a free, confidential telephone, counselling, referral and support service especially set up for men operating between the hours of 9am and midnight, 7 days a week.	Phone: 1800 600 636  www.dvconnect.org/mensline/ Contact page of Mensline website.
Kids Helpline Kids Helpline is Australia's only free, private and confidential 24/7 phone and online counselling service for young people aged 5 to 25.	Phone: 1800 551 800  www.kidshelpline.com.au/about/contact-us  Contact page of Kids Helpline website.
Parentline Parentline offers confidential phone and WebChat counselling and support for parents and carers of children in Queensland.	Phone: 1300 301 300 <a href="http://www.parentline.com.au/about/contact-us">http://www.parentline.com.au/about/contact-us</a> Contact page of Parentline website.



Name of organisation	Contact details and web address
Relationships Australia Relationships Australia provides relationship support services to enhance human and family relationships.	Phone: 1300 364 277  www.relationships.org.au/contact-us  Contact page of Relationships Australia website.
Suicide Call Back Service This service provides immediate support and online counselling to anyone feeling suicidal.	Phone: 1300 659 467  www.suicidecallbackservice.org.au/ Contact page of Suicide Call Back Service website.
Centacare North Queensland Centacare provides a range of programs to assist individuals, families and communities across ten sites across North Queensland and the Gulf Country.	Phone: 1300 672 273 (free call)  www.centacarenq.org.au/contact/contact-us/ Contact page of Centacare North Queensland website.
Lives Lived Well  NewAccess is a free program developed by beyondblue to help people tackle life pressures.	Phone: 1300 971 309 Email: newaccess@liveslivedwell.org.au www.liveslivedwell.org.au/newaccess NewAccess page on Lives Lived Well website.
NQ Connect  NQ Connect is an established free and safe telephone and online counselling service for people in northern and western Queensland.	Phone: 1300 059 625  nqconnect.com.au/contact-us/ Contact page of NQ Connect website.
Phoenix Australia  A free Queensland Flood Practitioner Advice Line that enables practitioners to receive direct and timely advice, support and guidance from a panel of medical and allied health experts on their work with community members with mental health issues following disasters.	Phone: 1800 260 618  www.phoenixaustralia.org/practitioner-advice-line- qld-floods/ Practitioner advice line page on Phoenix Australia website.
The Public Trustee Includes information on wills and Enduring Powers of Attorney.	Phone: 1300 360 044  www.pt.qld.gov.au/ The Public Trustee home page on Queensland Government website.



#### NORTH WEST QUEENSLAND COUNCIL CONTACT DETAILS

Council name	Contact details and web address	
Burke Shire Council	Phone: 4745 5100	
	Email: office@burke.qld.gov.au	
	Address: 65 Musgrave Street, Burketown	
	www.burke.qld.gov.au/	
	Home page of Burke Shire Council	
Carpentaria Shire Council	Phone: 4745 2200	
	Email: carpentaria@carpentaria.qld.gov.au	
	Address: 29-33 Haig Street, Normanton	
	www.carpentaria.qld.gov.au	
	Home page of Carpentaria Shire Council	
Cloncurry Shire Council	Phone: 4742 4100	
	Email: council@cloncurry.qld.gov.au	
	Address: 38-46 Daintree Street, Cloncurry	
	www.cloncurry.qld.gov.au/disaster-recovery-information	
	Disaster recovery page of Cloncurry Shire Council	
McKinlay Shire Council	Phone: 4746 7166	
	Email: reception@mckinlay.qld.gov.au	
	Address: 29 Burke Street, Julia Creek	
	www.mckinlay.qld.gov.au/disaster-management	
	Disaster management page of McKinlay Shire Council	
Flinders Shire Council	Phone: 4741 2900	
	Email: flinders@flinders.qld.gov.au	
	Address: 634 Gray Street, Hughenden	
	www.flinders.qld.gov.au/	
	Home page of Flinders Shire Council	
Richmond Shire Council	Phone: 4719 3377	
	Email: enquiries@richmond.qld.gov.au	
	Address: 65 Goldring Street, Richmond	
	www.richmond.qld.gov.au/community/disaster-management	
	Disaster management page of Richmond Shire Council	
Winton Shire Council	Phone: 4657 2666	
	Email: info@winton.qld.gov.au	
	Address: 75 Vindex Street, Winton	
	www.winton.qld.gov.au/disaster-management	
	Disaster management page of Winton Shire Council	



#### **HEALTH SERVICES IN NORTH WEST QUEENSLAND**

Name of organisation	Contact details and web address
Royal Flying Doctor Service (RFDS) The Royal Flying Doctor Service is one of the largest and most comprehensive aeromedical organisations in the world, providing extensive primary health care and 24-hour emergency service to people over an area of 7.69 million square kilometres.	Phone: 4743 2802 (24 hour medical line)  www.flyingdoctor.org.au/contact/  Contact page of Royal Flying Doctor Service website.
North and West Remote Health (NWRH) Allied health, aged care, wellbeing and disability services across regional, rural and remote Australia.	<ul> <li>Cloncurry, Hughenden and Richmond Phone: 1800 799 244</li> <li>Longreach Phone: 1800 789 310</li> <li>Mt Isa Phone: 1800 221 131</li> <li>Normanton Phone: 4747 8800</li> <li>www.nwrh.com.au/contact-us/ Contact page of North and West Remote Health website.</li> </ul>
Outback Futures  A non-profit organisation offering mental and allied health and wellbeing services in the form of mobile clinics, plus ongoing regular remote sessions of therapy and support.	Phone: 0417 703 729 Email: louise@outbackfutures.org.au
Queensland Health TRAIC Program (Tackling Regional Adversity through Integrated Care) Intervention and assistance to navigate mental health support services.	For more information at Cloncurry and Julia Creek, contact Denise Price, Regional Adversity Integrated Care Clinician (RAICC)     Phone: on 0472 821 255     Email: Denise.Price@health.qld.gov.au     For more information at Richmond and Hughenden, contact Kim Ward, RAICC     Phone: 0447 364 378     Email: Kim.Ward@health.qld.gov.au
North West Hospital & Health Service (NWHHS) Crisis, counselling, psychiatric consultation and referral.	Mental Health Services     Phone: 4744 7103     Alcohol Tobacco & Other Drug Service     Phone: 4744 9100     For clinic dates, go to     www.health.qld.gov.au/mt_isa/outreach-calendars     North West Outreach Service Calendars page of Queensland Government website.
Flinders Medical Centre	Phone: 4742 2233
Julia Creek Medical Centre	Phone: 4746 7159
Richmond Medical Centre	Phone: 4741 3390



#### FINANCIAL ASSISTANCE FOR NORTH WEST QUEENSLAND

Name of organisation	Contact details and web address
Department of Human Services (loss of income)  • Australian Government Disaster Recovery Payment • Disaster Recovery Allowance	Phone: 180 22 66  www.humanservices.gov.au/individuals/services/centrelink/far-north-queensland-floods-february-2019-australian-government-disaster-recovery-payment  Australian Government Disaster Recovery Payment page of Department of Human Services website.  www.humanservices.gov.au/individuals/services/centrelink/far-north-queensland-floods-february-2019-disaster-recovery-allowance  Disaster Recovery Allowance page of Department of Human Services website.
Department of Agriculture and Fisheries Queensland Government.	<ul> <li>Customer service number Phone: 13 23 25</li> <li>Charters Towers (Disaster Subsidies) Phone: 4761 5150</li> <li>Cloncurry Phone: 4794 8900</li> </ul>
Queensland Rural and Industry Development Authority (QRIDA)  Specialist provider of government financial and advisory support to rural and regional Queensland.	Phone: 1800 623 946  www.qrida.qld.gov.au/current-programs/Disaster- recovery  Disaster recovery page of QRIDA website.
Sisters of the North  Distribute funds to flood affected communities.	www.facebook.com/sistersofthenorth1/ Sisters of the North Facebook page.
Drought Angels A small charity run by people with big hearts who are passionate about our farmers and keeping them on the land.	Phone: 4662 7371  www.droughtangels.org.au/  Home page of Drought Angels website.



Name of organisation	Contact details and web address
Queensland Country Women's Association (QCWA)  The Public Rural Crisis Fund has been an initiative of since 1990 supporting families suffering from drought, flood or fire and is for all families experiencing any type of crisis.  Visit the Public Rural Crisis Fund website at <a href="https://www.qcwa.org.au/what-we-do/public-rural-crisis-fund/">https://www.qcwa.org.au/what-we-do/public-rural-crisis-fund/</a> for more information.	<ul> <li>Julia Creek         Phone: 0427 238 211 (Branch President)         Email: juliacreekqcwa@gmail.com</li> <li>Richmond         Phone: 0429 639 169 (Branch President)</li></ul>
Insurance Council of Australia	Phone: 1300 728 228
The Insurance Council of Australia is the	www.insurancecouncil.com.au/contact-us
representative body of the general insurance industry in Australia.	Contact page of Insurance Council of Australia website.
Queensland Ombudsman	Phone: 1800 068 908
Ensuring fair and accountable public	www.ombudsman.qld.gov.au/about-us/contact-us
administration in Queensland.	Contact page of Queensland Ombudsman website.



#### **VOLUNTEER-BASED ORGANISATIONS**

Name of organisation	Contact details and web address
BlazeAid  A volunteer-based organisation that works with families and individuals in rural Australia after natural disasters such as fires and floods. Working alongside the rural families, volunteers help to rebuild fences and other structures that have been damaged or destroyed.	blazeaid.com.au/contact-us/ Contact page of Blazeaid website  • Julia Creek Christine and Brian Carr Phone: 0428 984 117 Email: juliacreek.blazeaid@gmail.com  • Richmond John Lillico Phone: 0484 145 732 Email: richmond.blazeaid@gmail.com  • Cloncurry Christine and John Male Phone: 0418 745 994 Email: blazeaid.cloncurry@gmail.com
Volunteering North Queensland  Post Disaster volunteering is providing your time and skills to assist organisations that require additional help following a natural disaster.	Phone: 4725 5990 or 0418 766 975  For non-profit organisations:
Volunteering Information from the Queensland Government about volunteering for disaster recovery, including volunteering with the SES, Rural Fire Service and Australian Volunteer Coast Guard.	www.qld.gov.au/emergency/volunteering- jobs/volunteer  Volunteering page of Queensland Government website.
Emergency volunteering  Volunteers provide help when it's safe to do so, before and after disasters – with preventative measures, immediate clean-up and large-scale, long-term recovery projects. The difference that volunteers can make to a disaster-affected family, community group or organisation is immeasurable.	www.emergencyvolunteering.com.au  Home page of Emergency Volunteering website.



### FACT SHEETS, WEBSITES, LINKS AND RESOURCES

Name of organisation	Contact details and web address
Recovery after a disaster  Links to information on recovering from a disaster.	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/ Recovery after a disaster page on the Queensland Government website.
Queensland disasters and alert website  Queensland Government website for disasters and alerts.	www.qld.gov.au/alerts Disasters and alert page on the Queensland Government website.
Queensland Disaster Management website  Queensland Government website for disasters management.	www.disaster.qld.gov.au  Disaster Management page on the Queensland Government website.
Housing Assist Qld app  This free app helps people seeking housing assistance and public housing tenants to access services at a time suitable to them.	www.qld.gov.au/housing/renting/housing-assist-qld-app/ Housing Assist Queensland app page on Queensland Government website.
Housing help after a disaster  If you have had to leave your home as a result of a natural disaster, the Queensland Government can help.	www.qld.gov.au/housing/emergency-temporary-accommodation/housing-help-after-disaster  Housing help after a disaster page on Queensland Government website.  Phone: 13 QGOV (13 74 68)
Home and property repairs  If you have been involved in a natural disaster, Queensland Building and Construction Commission can help you recover by providing technical and general advice on a wide range of rebuilding issues.	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/cleaning- up/after-a-storm,-flood-or-cyclone/home-and- property-repairs  Home and property repairs page on Queensland Government website.
Property becomes unliveable (landlord/ tenancy) After a natural disaster, property managers/owners and tenants should talk to each other as soon as possible to discuss the state of the property and work out if any action needs to be taken.	www.rta.qld.gov.au/Renting/During-a- tenancy/Serious-problems-during-a- tenancy/Property-becomes-unliveable  Property becomes unliveable page on Residential Tenancies Authority website.  Phone: 1300 366 311



Name of organisation	Contact details and web address
Utilities contacts  Contacts for electricity and water.	www.qld.gov.au/emergency/emergencies- services/utilities-contact  Utilities contacts page on Queensland Government website.
Natural disaster preparation and recovery Disaster recovery advice including financial assistance, support, insurance and cleaning up.  Health, wellbeing and cleaning up Information on returning home after disaster recovery including advice for livestock farms.	www.dnrme.qld.gov.au/home/about-us/support-assistance/natural-disasters  Natural disaster preparation and recovery page on Queensland Government website.  www.qld.gov.au/community/disasters-emergencies/cleaning-up  Health, wellbeing and cleaning up page on Queensland Government website.
Dealing with mould after a storm, flood or cyclone  After a cyclone or flood, the heat, humidity and water can all cause mould to grow.  For issues with mould on government documents, contact the Queensland State Archives Preservation team on 3037 6777.	<ul> <li>www.qld.gov.au/community/disasters-emergencies/recovery-after-disaster/cleaning-up/mould</li> <li>Mould information page on Queensland Government website.</li> <li>www.health.qld.gov.au/ data/assets/pdf file/00 18/713421/dm-mould.pdf</li> <li>Dealing with mould after a storm, flood or cyclone fact sheet on Queensland Health website.</li> <li>www.forgov.qld.gov.au/prevent-or-treat-mould Prevent or treat mould page on Queensland Government website.</li> </ul>
Asbestos  Material containing asbestos can be damaged during severe weather.	www.qld.gov.au/emergency/safety/home/asbestos Asbestos safety page on Queensland Government website. Phone: 13 QGOV (13 74 68)
Bacterial infections The risk of contracting diseases increases after coming into contact with flood water.	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/cleaning- up/after-a-storm,-flood-or-cyclone/bacterial-infections Bacterial infections page on Queensland Government website.



Name of organisation	Contact details and web address
Mosquitos and black flies  Mosquito numbers can increase after floods, storms and cyclones as standing water from heavy rainfall and flooding provides optimal conditions for mosquito breeding.	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/cleaning- up/after-a-storm,-flood-or-cyclone/mosquitos-and- black-flies  Mosquitos and black flies page on Queensland Government website.
Farm support and assistance	www.farmerdisastersupport.org.au/
Financial and mental health stresses can affect people during or after events such as drought, floods and cyclones.	Farmer Disaster Support home page.
Insurance  If your home or belongings have been damaged during a disaster you should contact your insurance broker or company to assess your claim as soon as you can.	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/insurance Insurance information on Queensland Government website.
Replace lost or destroyed documents  Document replacement services may be free to people who live in a declared disaster area.	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/replacing- documents  Replace lost or destroyed documents page on Queensland Government website.
Support Includes information about:	www.qld.gov.au/community/disasters- emergencies/recovery-after-disaster/support Support information on Queensland Government website.
Personal and family support groups  A list of government organisations and non- profit organisations that provide post-disaster emotional support, crisis hotlines and other assistance to the community.	www.qld.gov.au/emergency/community/support-group.html Support groups page on Queensland Government website.
Business support  Disaster resilience and recovery information for small businesses and primary producers recovering after a natural disaster.	www.business.qld.gov.au/business/running/disaster-resilience-and-recovery Disaster resilience and recovery page on Business Queensland website. Phone: 13 QGOV (13 74 68)



Name of organisation	Contact details and web address
Managing stress after a disaster  After a disaster you'll use a lot of emotional energy coping with your fears, frustrations and other feelings.	www.qld.gov.au/community/disasters- emergencies/managing-stress/ Managing stress after a disaster page on Queensland Government website.
Family relationships after a disaster It's normal for families to have difficulties after a disaster.	www.qld.gov.au/community/disasters- emergencies/family-relationships/ Family relationships after a disaster page on Queensland Government website.
Resilience resources for Community Organisations	<ul> <li>resilience.acoss.org.au/ Resilient Community Organisations page on Australian Council of Social Service website. Phone: (02) 9310 6200</li> <li>http://www.csialtd.com.au/disastermanagement Disaster management and recovery page on the Community Services Industry Alliance website.</li> </ul>
Good Shepherd's Money Ready Toolkit  The toolkit is an initiative of Good Shepherd Microfinance with the support of the Queensland Government.	goodshepherdmicrofinance.org.au/assets/files/2016/ 12/Money-Ready-Toolkit.pdf Money Ready Toolkit in PDF format.
Scams  Be aware that there are people who try to use disasters for their own gain. Fake charities and people posing as government officials have taken advantage of the public after past disasters. Do not supply your credit card details to these people.	<ul> <li>www.qld.gov.au/law/laws-regulated-industries-and-accountability/queensland-laws-and-regulations/fair-trading-services-programs-and-resources/fair-trading-latest-news/disaster-assistance/charity-scams</li> <li>Charity scams page on Queensland Government website.</li> <li>A free online check is available at the following link to see if you are donating to a legitimate charity:         <ul> <li>www.qld.gov.au/law/laws-regulated-industries-and-accountability/queensland-laws-and-regulations/check-a-licence-association-charity-or-register/check-a-charity-or-association</li> <li>Check a charity or association page on Queensland Government website.</li> </ul> </li> </ul>



Name of organisation	Contact details and web address
On the Frontline in Emergencies: A Practical Guide for Communities and Community Service Organisations	www.childhoodinstitute.org.au/resources/frontline- emergencies  On the Frontline in Emergencies page on the Childhood Institute website.

#### **HOW CAN I HELP?**

Donate time, goods and services, or make a financial contribution to assist recovery following a disaster or emergency event. Visit the 'How can I help?' page on the Queensland Government website at <a href="https://www.qld.gov.au/emergency/emergencies-services/help-disaster">www.qld.gov.au/emergency/emergencies-services/help-disaster</a>.

