



Healthy Conversations for Healthy Homes and Businesses Two Clermont Workshops

Day 1

Saturday, 18 February

8:30am – 4:00pm

Follow-up Session

Saturday, 18 March

8:30am – 4:00pm

Clermont Showgrounds
95 Wattle Hill Rd
Clermont QLD

Morning tea, lunch and
afternoon tea provided. Please
bring a water bottle.

Reserve Your Spot Now!
RSVP by 10 February for both
sessions

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Are your words and conversations getting you the results you want? Join these workshops and learn how to have healthy and productive conversations. These workshops are suitable for central Queensland landholders, community members, teachers, small business owners, families and professionals. Using Allan Parker's concepts, Judy Pownall from Peak Performance will expertly guide attendees to learn more about healthy conversations and healthy cultures.

In these workshops, you will learn...

- ✓ HOW and WHY conversations go off track
- ✓ How to enhance rapport, credibility and build positive relationships
- ✓ How to have difficult conversations that get positive results
- ✓ How to understand, complement and manage different personalities
- ✓ How to handle high emotions and make difficult decisions
- ✓ How to communicate effectively and reduce conflict

Guest Speaker



Judy Pownall

Judy is passionate about healthy communication and has over 30 years experience in both child and adult education and agricultural practices. As a wife, mother and family business owner Judy has experienced the highs and lows of living and working in a family business.



This project is supported by Fitzroy Basin Association through funding from the Australian Government's National Landcare Program and Bravus Mining and Resources.