## Knowledge is Power: Resources, support & useful sites to assist producers

Helpful resources to support landholders – Online information on drought preparedness and planning, climate and weather, assistance programs, and other funding.

INDUSTRY		
Queensland Government Department of Agriculture and Fisheries (DAF)	Business priorities/agriculture/drought and disaster. Information on natural disasters, drought, recovery, managing weeds and pests, and crop farming recovery.	https://www.business.qld.gov.au/industries /farms-fishing-forestry/agriculture https://www.business.qld.gov.au/industries /farms-fishing- forestry/agriculture/disaster/drought/assist ance
FutureBeef	A variety of resources including booklets, articles, webinars and a monthly newsletter to help landholders better prepare, manage, or recover from adverse events. Resource: Dry season management of a beef business.	www.futurebeef.com.au         www.futurebeef.com.au/natural_disasters/         drought         www.futurebeef.com.au/wp-         content/uploads/2021/10/J3776-DAF-Dry-         season-management-         A5_OCT2021_WEB.pdf
Leading Sheep	A network of Queensland sheep and wool businesses. Information on best practice management, industry issues, technologies, and innovations. Leading Sheep email subscription.	www.leadingsheep.com.au/resources www.leadingsheep.com.au/resources www.leadingsheep.com.au/subscribe
Queensland Rural and Industry Development Authority (QRIDA)	Specialist provider of government financial assistance programs, including loans, grants and rebates.	www.qrida.qld.gov.au www.qrida.qld.gov.au/grants-rebates
Rural Financial Counselling Service North Queensland (RFCSNQ)	Confidential, free and impartial assistance for graziers and horticulture industry.	www.rfcsnq.com.au www.rfcsnq.com.au/agribusiness- financial-counselling www.rfcsnq.com.au/fbrp

The Farm Business Resilience Program is jointly funded through the Australian Government's Future Drought Fund and the Queensland Government's Drought and Climate Adaptation Program.









Australian Government

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Rural Solutions Queensland (RSQ) / Rural Financial Counselling Service Southern	Confidential, free, and impartial financial counselling to primary producers.	www.rsq.org.au www.rfcssq.org.au
Queensland (RFCSSQ)		www.rsq.org.au/resilience
QLD Govt Department of Environment and Science	Climate and weather, outlooks, climate change, maps, satellite imagery.	www.qld.gov.au/environment/climate www.qld.gov.au/environment/agriculture
QLD Govt Climate Agricultural Risk Management (ARM) online tool	Collection of ARM tools including climate ARM, fallow ARM, crop ARM, nitrogen/deep phosphorous ARM.	www.armonline.com.au
Queensland Farmers' Federation (QFF)	Voice of agriculture in Queensland, representing the collective interests of peak industry organisations.	www.qff.org.au
	QFF's weekly '10 things to know' e- bulletin subscription.	www.qff.org.au/10-things-to-know-from-qff
Meat & Livestock Australia (MLA)	A range of guides and information to assist livestock producers as they head into, manage through and plan to recover from drought.	www.mla.com.au www.mla.com.au/research-and- development/dealing-with-natural- disasters
Tropical North Queensland Drought Resilience Adoption and Innovation Hub (TNQ Hub)	The hub led by James Cook University (JCU) is supporting farmers and communities to become more drought resilient.	www.tnqdroughthub.com.au
Southern Queensland Northern New South Wales SQNNSW Innovation Hub	The hub is one of eight National Drought Resilience Adoption and Innovation Hubs, a flag ship of the Australian Government's Future Drought Fund.	www.unisq.edu.au/research/sqnnsw-hub www.unisq.edu.au/research/sqnnsw- hub/events

PASTURE		
The Long Paddock	Seasonal climate and pasture condition information to the grazing community.	www.longpaddock.qld.gov.au
	Drought & Climate Adaptation Program (DCAP) - To help producers better manage drought and climate impacts.	www.longpaddock.qld.gov.au/dcap

The Long Paddock	FORAGE Reports Receive property reports based on climate, rainfall, pasture growth, carrying capacity, land type and groundcover data. User Guide Future Climate Dashboard	www.longpaddock.qld.gov.au/forage www.longpaddock.qld.gov.au/forage/about www.longpaddock.qld.gov.au/qld-future-
	Mean climate, heatwaves, extreme temperature indices: Generate future climate scenario reports.	climate/dashboard
FutureBeef	Forage budgeting videos.	www.futurebeef.com.au/resources/forage- budgeting-videos
Queensland Globe - Mapping	Online interactive experience to view Queensland's location based information.	www.qldglobe.information.qld.gov.au
	Access help guides, tutorial videos and advanced feature documentation	www.qldglobe.information.qld.gov.au/help- info

CLIMATE			
CSIRO and	Climate information, projection, tools, www.climatechangeinaustralia.gov.au		
Bureau of	data explorer, trends, impacts, and		
Metrology (BOM)	adaptation.		
Australian	Climate data, access historical	www.bom.gov.au/climate/maps	
Government &	weather observations, rainfall,		
BOM rainfall and	temperature and solar tables, graphs		
climate data	and data.		
maps			
BOM	Weather, services, news, events,	www.bom.gov.au	
	warnings.		
	Long-range forecasts and climate	http://www.bom.gov.au/climate/ahead/	
	drivers.		
Northern	Manage drought and climate risks	www.nacp.org.au	
Australian	(Partnership between the State		
<b>Climate Program</b> Government, MLA and USQ).			
(NACP)			
<b>Climate Services</b>	Tailored local climate information for	www.myclimateview.com.au	
<b>for Agriculture</b> specific commodities – Better plan for			
	future climate variability.		
Australian	Question-focused analyses for	www.climateapp.net.au	
Climate exploration of weather data across			
	Australia.		
Farm Online -	Climate information. <u>www.farmonlineweather.com.au/qld</u>		
Weather			

COMMUNITY		
QLD State	Primary provider of fire and rescue,	www.qfes.qld.gov.au/newsroom
Emergency	emergency management, and	
Service (SES) -	disaster mitigation programs and	www.qfes.qld.gov.au/about-us/frontline-
Newsroom	services throughout Queensland.	services/state-emergency-service

Resource Consulting Services (RCS)Drought Preparedness Course Managing drought - set yourself up for ecological, financial and productive gains.www.rcsgloballearning.com/courses/rcs- drought-preparednessQueensland Fire and Biodiversity Consortium (QFBC)Collaborative network committed to training and information, research, representation and advice, network and collaborations.www.rcsgloballearning.com/collections/free- coursesRural AidCounselling & Fodder. Counselling Intake Line – 1300 175 594 Phone: 1300 327 624 Email: contact@ruralaid.org.auwww.faa.ruralaid.org.au
Services (RCS)       for ecological, financial and productive gains.       www.rcsgloballearning.com/collections/free-courses         Queensland Fire and Biodiversity Consortium (QFBC)       Collaborative network committed to training and information, research, representation and advice, network and collaborations.       www.fireandbiodiversity.org.au         Rural Aid       Counselling & Fodder. Counselling Intake Line – 1300 175 594 Phone: 1300 327 624 Email: contact@ruralaid.org.au       www.faa.ruralaid.org.au
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Rural Aid       Counselling & Fodder. Counselling Intake Line – 1300 175 594 Phone: 1300 327 624 Email: contact@ruralaid.org.au       www.ruralaid.org.au/services-provided
Counselling Intake Line – 1300 175 594 Phone: 1300 327 624 Email: <u>contact@ruralaid.org.au</u>
594     www.faa.ruralaid.org.au       Phone: 1300 327 624     mail: contact@ruralaid.org.au
594     www.faa.ruralaid.org.au       Phone: 1300 327 624     mail: contact@ruralaid.org.au
Phone: 1300 327 624 Email: <u>contact@ruralaid.org.au</u>
Need For Feed         Lions Club Project – Drought         www.needforfeed.org/our-story.html
Australia Assistance, Emergency Fire
Assistance, Emergency Flood www.needforfeed.org/apply-for-
Assistance. assistance.html
Email:
Lionsneedforfeed@yahoo.com.au
<b>Feed the Farms</b> General Assistance – Not specified. <u>www.feedthefarms.org.au</u>
Inc Phone: 0477 136 150
Aussie Helpers Families – Food hampers, school www.aussiehelpers.org.au
fee support, laptops and tutoring.
Farmers – Financial support, www.aussiehelpers.org.au/contact
Wellbeing assistance.
Communities – Disaster relief. www.aussiehelpers.org.au/farmer-support-
Phone: 1300 665 232 application
Email: admin@aussiehelpers.org.au

PERSONAL SUPPORT		
Lifeline – Crisis Support	Call 13 11 14 Text 0477 13 11 14	www.lifeline.org.au
	Available: 24/7	
Lifeline – Farmer	Call 1800 936 229	www.lifelineqld.org.au/get-help/farmer-to-
to Lifeline Farmer	Available: Mon-Fri 8am-5pm AEST	farmer-crisis-support
Beyond Blue	Call 1300 224 636	www.beyondblue.org.au
	Available: 24/7	
Royal Flying	Call 1300 010 174	www.flyingdoctor.org.au/qld/what-we-
Doctor Service	Email outback@rfdsqld.com.au	do/mental-health/outback-mental-
(QLD) - Drought Wellbeing Service	Available: Mon-Fri 9am-5pm AEST	health/drought-wellbeing-service
TIACS by	Call or Text 0488 846 988	www.tiacs.org
TradeMutt	Available: Mon-Fri 8am-10pm AEST	
Virtual	Text 0488 807 266	www.virtualpsychologist.com.au
Psychologist	Available: Mon-Fri 9am – 8pm AEST	
MensLine	Call 1300 78 99 78	www.mensline.org.au
Australia	Available: 24/7	
Headspace	Call 1300 650 890	www.headspace.org.au
(Youth)	Available: Mon-Sun 9am-1am AEDT	

WELLBE	ING APPS	
	Headspace	Headspace is everyday mindfulness and meditation, so you can make mindfulness a daily habit.
Calm	Calm	An app for sleep and meditation, whether you're brand new to meditation or a seasoned expert.
-	Smiling Mind	Developed by Beyond Blue. Free mindfulness meditation app developed by psychologists and educators to help bring balance to your life.
PTSD COACH AUSTRALIA	PTSD Coach Australia	Helps people understand and manage the symptoms of post- traumatic stress disorder (PTSD).
	iBobbly	Social and emotional wellbeing self-help app for young Aboriginal and Torres Strait Islander Australians aged 15 years and over.
	Sober Time	Helps you track your addictions, stay motivated, and interact with others in recovery.
Ċ	Calm Harm	Helps to resist or manage the urge to self-harm.
	Head Gear	Developed by Black Dog Institute. Guides you through a 30–day mental fitness challenge designed to build resilience and wellbeing.
<b>O</b>	Clear fear	Provides a range of ways to manage the symptoms of anxiety.
	Niggle	Niggle is a great app for kids that helps with emotional regulation.
BrainTrack	BrainTrack	By Dementia Australia. Helps people to explore their brain health, and privately monitor and understand changes in cognition over time.
	One-Moment Meditation	One simple exercise that takes just one minute to be effective.
	Sleep Ninja	Developed by Black Dog Institute. Helping young people with sleep problems.
	BeyondNow suicide safety plan	Developed by Beyond Blue. If you or someone close to you is considering suicide, a safety plan can be a reminder of the reasons to live and ways to stay safe.
S	Combined Minds	Helps families and friends support young people with their mental health.
1	Insight Timer	A meditation app with a free version. Recommended for dealing with anxiety and stress, getting to sleep and listening to music tracks and ambient sounds to calm the mind.
	AODCONNECT	National directory of alcohol and other drug treatment services for Aboriginal and Torres Strait Islander people.

ſ	Peak	Free brain training workout that used games and puzzles to challenge your focus, memory, problem solving and mental agility.
$\bigcirc$	iMood	Help you discover the causes of your ups and downs and get surprising insight into yourself.
AURA	Aura	A mindfulness app that provides unlimited access to thousands of personalised meditations, life coaching and stories to help manage stress, anxiety, sleep and more.
	Coloring Book for Me	A mindfulness colouring book on your phone. This app provides pictures of animals, floral scenes, mandalas, and patterns for you to colour.